

# Didsbury Figure Skating Club

## Code of Conduct and Ice Rules -Skaters

*Please note that the DFSC and Didsbury Figure Skating Club are interchangeable for the purpose of the Code of Conduct and Disciplinary procedures.*

The DFSC take a great deal of pride in the behavior and conduct of its athletes. As an athlete of the DFSC, I agree to abide by the following Code of Conduct:

- I will represent Didsbury with pride in any situation or place
- I will treat all teammates, parents and coaches with respect and conduct myself in good sportsmanship manner not engaging in inappropriate language or offensive gestures.
- I will treat all facilities and staff with respect
- I will abide by all the rules set by staff at all club functions
- I will acknowledge that injury or illness which, in the opinion of the coaches may compromise one's ability to perform to one's best, may result in one's removal from that competitive opportunity.
- I will recognize the integrity of the officials and coaches realizing and respecting the difficulty of their decisions. In doing this, I will remember that they are here to help me.
- I will accept the officials and coaches decisions as final
- I will demonstrate respect towards all student athletes, spectators, coaches, parents and officials at all times, including when on **social media**.
- I will not engage in the use of alcohol or drugs (as banned or restricted by the IOC or that which are illegal)
- I will not have cell phones or ear buds on the ice surface unless approved by a coach.
- I will wear a helmet as per Skate Canada's guidelines and the DFSC board decision on helmets.
- I will follow the following Ice Rules :
  - Right of way given to skaters who (1) in a lesson,(2) doing their solo, (3) doing a dance or skating skills to music.
  - Stroking sessions are for skaters benefits therefore are compulsory.
  - Dressing room is a privilege. Please keep your belongings and space clean and orderly. Valuables should not be kept in dressing room.
  - Only FEMALES in dressing room NO males.
  - Skaters must get up and move out of the way of oncoming skaters immediately after they fall.
  - Skaters are to only practice the discipline scheduled unless permission given by coach.

I agree to abide by the DFSC Skaters Code of Conduct . I understand that if I do not comply in any way with the above Code of Conduct and rules, it may result in disciplinary action.

SKATER Signature: \_\_\_\_\_

Date: \_\_\_\_\_